

# Sports Plus

## Operating Hours

7:30 am – 6:00 pm



Sports Plus Camp runs Monday through Friday (no camp July 3 & 4). We will be on-site each day until 9 am for late drop off and will return each day by 4:30 pm for early pick-up.

## Lunch & Snack

Bring **LUNCH** – pack a small cooler or lunchbox with your child’s name on it, no glass containers please. Suggestions: instead of ice, freeze water in small plastic bottles (children can drink it later).



Bring **SNACKS** – There will be a morning and afternoon snack time. Send appropriate snacks and drinks; fruit, granola bars, string cheese, carrots and dip, etc. We have a water fountain on site; however, please send additional water, juice, or Gatorade.

## Camp Director

Sophie Duncan  
sduncan@greenvillenc.gov  
252-916-6846 @  
252-329-4267 (office)  
252-329-4550 (H. Boyd Lee Park)  
252-329-4266 (fax)

# Weekly Itineraries

The following pages have listed each individual Sports Plus Camp session and its field trips and swimming schedule. Please note that these are typical days at camp, they are subject to change due to inclement weather or transportation problems. Be sure to check your weekly Camper's Calendar for updates, trips, and times. Always check with camp staff if you have any questions.



# Session 1: Hey Dude!

**June 12-16** (Subject to change)

	<b>Monday (12)</b>	<b>Tuesday (13)</b>	<b>Wednesday (14)</b>	<b>Thursday (15)</b>	<b>Friday (16)</b>
<b>7:30am – 9am</b>	Drop Off/Activities	Drop Off/Activities	Drop Off/Activities (Depart at 8:15am)	Drop Off/Activities	Drop Off/Activities
<b>9am – 10am</b>	Ice Breakers	Jailbreak Dodgeball	Travel to Hill Ridge Farm	Around the World Basketball	Shipwreck
<b>10am - 11am</b>	Kickball	Four Square	Hill Ridge Farm *Bring swimsuit & towel.*	Kickball	All Time Quarterback
<b>11am – 12pm</b>	Steal the Bacon	Swimming (Depart at 11am) *Bring swimsuit & towel.*	Hill Ridge Farm *Bring swimsuit & towel.*	Swimming (Depart at 11am) *Bring swimsuit & towel.*	Lunch (Depart at 11:30pm)
<b>12pm – 1pm</b>	Lunch	Swimming (Depart at 1pm)	Hill Ridge Farm *Bring swimsuit & towel.*	Swimming (Depart at 1pm)	Travel to Washington
<b>1pm– 2pm</b>	Capture the Flag	Lunch	Lunch at Hill Ridge Farm (Depart at 2pm)	Lunch	Extreme Action Park *\$ for arcade is optional*
<b>2pm – 3pm</b>	Fruit Salad	Jedi Dodgeball	Travel to Greenville	Arts & Crafts – Boots Made for Walking	Extreme Action Park (Depart at 3pm)
<b>3pm – 4pm</b>	Shake, Rattle & Roll Relay	Scramble	Travel to Greenville	Wall Ball	Travel to Greenville
<b>4pm – 5pm</b>	Ghost in the Graveyard	Silent Ball	Wiffleball	Band Aid Tag	Who Is It?
<b>5pm – 6pm</b>	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up

## Session 2: Walk the Plank

**June 19-23** (Subject to change)

	Monday (19)	Tuesday (20)	Wednesday (21)	Thursday (22)	Friday (23)
<b>7:30am – 9am</b>	Drop Off/Activities	Drop Off/Activities	Drop Off/Activities	Drop Off/Activities	Drop Off/Activities
<b>9am – 10am</b>	Ice Breakers (Depart at 9:30am)	Jailbreak Dodgeball	Travel to Raleigh (Depart at 9am)	Around the World Basketball	Shipwreck (Depart at 9:45am)
<b>10am - 11am</b>	ECU Facility Tour (Depart at 11am)	Four Square	Museum of Natural Science	Kickball	Sports Connection *\$ for arcade (optional)*
<b>11am – 12pm</b>	Steal the Bacon	Swimming (Depart at 11am) *Bring swimsuit & towel.*	Museum of Natural Science	Swimming (Depart at 11am) *Bring swimsuit & towel.*	Sports Connection (Depart at 11:30am)
<b>12pm – 1pm</b>	Lunch	Swimming (Depart at 1pm)	Lunch	Swimming (Depart at 1pm)	Lunch at Boyd Lee Park
<b>1pm– 2pm</b>	Capture the Flag	Lunch	Museum of Natural Science	Lunch	Playground
<b>2pm – 3pm</b>	Fruit Salad	Jedi Dodgeball	Museum of Natural Science (Depart at 2:30pm)	Arts & Crafts – Perfect Parakeets	Homerun Derby
<b>3pm – 4pm</b>	Shake, Rattle & Roll Relay	Scramble	Travel to Greenville	Wall Ball	Spider Ball
<b>4pm – 5pm</b>	Ghost in the Graveyard	Silent Ball	Wiffleball	Band Aid Tag	Capture the Flag
<b>5pm – 6pm</b>	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up

## Session 3: Under the Sea

**June 26-30** (Subject to change)

	Monday (26)	Tuesday (27)	Wednesday (28)	Thursday (29)	Friday (30)
<b>7:30am – 9am</b>	Drop Off/Activities	Drop Off/Activities	Drop Off/Activities (Depart at 8:15am)	Drop Off/Activities	Drop Off/Activities
<b>9am – 10am</b>	Ice Breakers	Tortoise Tag	Travel to Pine Knoll Shores	World Series	Down, Down, Down
<b>10am - 11am</b>	Steal the Bacon	Jedi Dodgeball	NC Aquarium *\$ for gift shop (optional)*	Sharks & Octopus Tag	Capture the Flag
<b>11am – 12pm</b>	Water Relays	Swimming (Depart at 11am) *Bring swimsuit & towel.*	NC Aquarium	Swimming (Depart at 11am) *Bring swimsuit & towel.*	West Water Park *Bring swimsuit & towel.* (Depart at 11am)
<b>12pm – 1pm</b>	Lunch	Swimming (Depart at 1pm)	NC Aquarium	Swimming (Depart at 1pm)	Lunch at West Water Park
<b>1pm– 2pm</b>	Arts & Crafts – Ocean Diorama	Lunch	Lunch at Fort Macon (Depart at 1pm)	Lunch	West Water Park
<b>2pm – 3pm</b>	Sink the Ship	Scramble	Travel to Greenville	Arts & Crafts – Ocean Diorama	West Water Park (Depart at 3pm)
<b>3pm – 4pm</b>	End Dodgeball	Crab Soccer	Travel to Greenville	Kickball	Travel to Greenville
<b>4pm – 5pm</b>	Sharks and Minnows	Four Corners	Ultimate Keep Away	Jailbreak Dodgeball	Crack-a-bout
<b>5pm – 6pm</b>	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up

## Session 4: Fit Week

**July 3-7** (Subject to change)

**\*\* Additional waiver needed in order to participate at SkyZone. Must be filled out online.**

	Monday (3)	Tuesday (4)	Wednesday (5)	Thursday (6)	Friday (7)
7:30am-9am	<b>NO CAMP</b>	<b>NO CAMP</b>	Drop Off/Activities (Depart at 8:15am)	Drop Off/Activities	Drop Off/Activities
9am-10am			Travel to Sky Zone	Wall Ball	Wiffleball
10am-11am			Sky Zone *waiver required*	Night at the Museum	Jedi Dodgeball
11am-12pm			Sky Zone *waiver required*	Swimming (Depart at 11am) *Bring swimsuit & towel.*	Lunch
12pm-1pm			Lunch at Pullen Park (Depart at 1:30pm)	Swimming (Depart at 1pm)	Lunch (Depart at 12:45pm)
1pm-2pm			Travel to Greenville	Lunch	AMF Lanes *\$ for arcade (optional)*
2pm-3pm			Travel to Greenville	Relay Races	AMF Lanes
3pm-4pm			Jailbreak Dodgeball	Homerun Derby	AMF Lanes (Depart at 3:30pm)
4pm-5pm			Secret Handshake	Horse Basketball	Kickball
5pm-6pm			Games/Pick-up	Games/Pick-up	Games/Pick-up

# Session 5: Step to It July 10-14 (Subject to change) BBALL CAMP

	Monday (10)	Tuesday (11)	Wednesday (12)	Thursday (13)	Friday (14)
<b>7:30am – 9am</b>	Drop Off/Activities	Drop Off/Activities	Drop Off/Activities (Depart at 8:30am)	Drop Off/Activities	Drop Off/Activities
<b>9am – 10am</b>	Ice Breakers	Just Dance	Travel to Marbles Kids Museum	Just Dance	Kickball (Depart at 9:30am)
<b>10am - 11am</b>	Kickball	Just Dance	Marbles Kids Museum *\$ for gift shop is optional*	Just Dance	Greenville Fire/Rescue (Depart at 11am)
<b>11am – 12pm</b>	Lunch (Depart at 11:45am)	Swimming (Depart at 11am) *Bring swimsuit & towel.*	Marbles Kids Museum	Swimming (Depart at 11am) *Bring swimsuit & towel.*	Dance Off
<b>12pm – 1pm</b>	West Water Park *Bring swimsuit & towel.*	Swimming (Depart at 1pm)	Marbles Kids Museum	Swimming (Depart at 1pm)	Lunch
<b>1pm– 2pm</b>	West Water Park	Lunch	Lunch (Depart at 2:30pm)	Lunch	Down, Down, Down
<b>2pm – 3pm</b>	West Water Park (Depart at 3pm)	Scramble	Travel to Greenville	Arts & Crafts – Rainstick	Capture the Flag
<b>3pm – 4pm</b>	Travel to Greenville	Jedi Dodgeball	Travel to Greenville	Sink the Ship	Jailbreak
<b>4pm – 5pm</b>	Sharks and Minnows	Spider Ball	Four Square	Heads Catch	Jailbreak Dodgeball
<b>5pm – 6pm</b>	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up

## Session 6: Lions, Tigers, Bears Oh My

**July 17-21** (Subject to change)

	Monday (17)	Tuesday (18)	Wednesday (19)	Thursday (20)	Friday (21)
<b>7:30am-9am</b>	Drop Off/Activities	Drop Off/Activities	Drop Off/Activities (Depart at 8:15am)	Drop Off/Activities	Drop Off/Activities
<b>9am-10am</b>	Travel to Aurora (Depart at 9am)	Arts & Crafts – Foam Cup Lion	Travel to Museum of Life & Science	World Cup Soccer	Jailbreak Dodgeball (Depart at 9:30am)
<b>10am-11am</b>	Fossil Museum *\$ for gift shop (optional)*	Kickball	Museum of Life & Science *\$ for gift shop (optional)*	Jailbreak Dodgeball	River Park North *\$ for gift shop is optional*
<b>11am-12pm</b>	Fossil Museum	Swimming (Depart at 11am) *Bring swimsuit & towel.*	Museum of Life & Science	Swimming (Depart at 11am) *Bring swimsuit & towel.*	River Park North
<b>12pm-1pm</b>	Lunch at Fossil Museum (Depart at 12:30pm)	Swimming (Depart at 1pm) *Bring swimsuit & towel.*	Museum of Life & Science	Swimming (Depart at 1pm) *Bring swimsuit & towel.*	Lunch at River Park North (Depart at 1pm)
<b>1pm-2pm</b>	Travel to Greenville	Lunch	Lunch at Museum of Life & Science (Depart at 2pm)	Lunch	Freeze Tag
<b>2pm-3pm</b>	Tortoise Tag	Ultimate Frisbee	Travel to Greenville	End Dodgeball	Sneak Attack
<b>3pm-4pm</b>	Spider Ball	Head Catch	Travel to Greenville	Relay Races	Kickball
<b>4pm-5pm</b>	Who Is It?	Jedi Dodgeball	Wall Ball	Silent Ball	I Spy
<b>5pm-6pm</b>	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up



## Session 7: Super Sports Sensation

**July 24-28** (Subject to change)

	Monday (24)	Tuesday (25)	Wednesday (26)	Thursday (27)	Friday (28)
<b>7:30am-9am</b>	Drop Off/Activities	Drop Off/Activities	Drop Off/Activities	Drop Off/Activities	Drop Off/Activities (Depart at 8:30am)
<b>9am-10am</b>	Blob Tag (Depart at 9:45am)	All Time Quarterback	Homerun Derby (Depart at 9:45am)	Band Aid Tag	Travel to Rocky Mount
<b>10am-11am</b>	Sports Connection *\$ for arcade (optional)*	World Series	Travel to Kinston	Shake, Rattle & Roll Relay	Imperial Center
<b>11am-12pm</b>	Sports Connection (Depart at 11:30am)	Swimming (Depart at 11am) *Bring swimsuit & towel.*	Down East Wood Ducks Game	Swimming (Depart at 11am) *Bring swimsuit & towel.*	Imperial Center
<b>12pm-1pm</b>	Lunch	Swimming (Depart at 1pm)	Down East Wood Ducks Game	Swimming (Depart at 1pm)	Lunch at the Imperial Center
<b>1pm-2pm</b>	Freeze Tag	Lunch	Lunch at Down East Wood Ducks (Depart at 2pm)	Lunch	Imperial Center (Depart at 2:30pm)
<b>2pm-3pm</b>	Playground	Arts & Crafts – Custom Jersey Design	Travel to Greenville	Spiderball	Travel to Greenville
<b>3pm-4pm</b>	Jailbreak Dodgeball	Arts & Crafts – Custom Jersey Design	Capture the Flag	Steal the Bacon	Travel to Greenville
<b>4pm-5pm</b>	Kickball	Wiffleball	Football Toss	Four Corners	Jedi Dodgeball
<b>5pm-6pm</b>	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up

## Session 8: Carolina Pride

**July 31-August 4** (Subject to change)

	Monday (31)	Tuesday (1)	Wednesday (2)	Thursday (3)	Friday (4)
<b>7:30am-9am</b>	Drop Off/Activities	Drop Off/Activities	Drop Off/Activities (Depart at 9am)	Drop Off/Activities	Drop Off/Activities
<b>9am-10am</b>	Ice Breakers	Crack-a-bout	Travel to Tryon Palace	Horse Basketball	Relay Races
<b>10am-11am</b>	Four Square	Playground	Tryon Palace	Four Square	Across the Ocean
<b>11am-12pm</b>	Kickball	Swimming (Depart at 11am) *Bring swimsuit & towel.*	Tryon Palace	Swimming (Depart at 11am) *Bring swimsuit & towel.*	Playground
<b>12pm-1pm</b>	Lunch	Swimming (Depart at 1pm)	Lunch at Tryon Palace	Swimming (Depart at 1pm)	Lunch
<b>1pm-2pm</b>	Steal the Bacon	Lunch	Tryon Palace	Lunch	Greenville Police K-9 Unit
<b>2pm-3pm</b>	Fruit Salad	Arts & Crafts NC Mural	Travel to Greenville	Wiffleball	Greenville Police K-9 Unit
<b>3pm-4pm</b>	Spider Ball	Arts & Crafts NC Mural	Travel to Greenville	Blob Tag	Capture the Flag
<b>4pm-5pm</b>	Shark & Octopus Tag	Sharks and Minnows	Silent Ball	Steal the Bacon	Jail Break Dodgeball
<b>5pm-6pm</b>	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up

## Session 9: Challenge Week

**August 7-11** (Subject to change)

	Monday (7)	Tuesday (8)	Wednesday (9)	Thursday (10)	Friday (11)
<b>7:30am-9am</b>	Drop Off/Activities	Drop Off/Activities	Drop Off/Activities (Depart at 8am)	Drop Off/Activities	Drop Off/Activities
<b>9am-10am</b>	Icebreakers (Depart at 9:30am)	Capture the Flag	Travel to Frankie's Fun Park	Red Robin	Wiffleball
<b>10am-11am</b>	PGV Airport	Jailbreak Dodgeball	Frankie's Fun Park	Wall Ball	Jedi Dodgeball
<b>11am-12pm</b>	PGV Airport (Depart at 12pm)	Swimming (Depart at 11am) *Bring swimsuit & towel.*	Frankie's Fun Park	Swimming (Depart at 11am) *Bring swimsuit & towel.*	Four Square
<b>12pm-1pm</b>	Lunch	Swimming (Depart at 1pm)	Frankie's Fun Park	Swimming (Depart at 1pm)	Lunch (Depart at 12:45pm)
<b>1pm-2pm</b>	Arts & Crafts – Plane Construction 101	Lunch	Lunch at Baileywick Park (Depart at 2pm)	Lunch	AMF Lanes *\$ for arcade (optional)*
<b>2pm-3pm</b>	Arts & Crafts – Plane Construction 101	Capture the Flag	Travel to Greenville	Scramble	AMF Lanes
<b>3pm-4pm</b>	Steal the Bacon	Around the World Basketball	Travel to Greenville	Cyclops Tag	AMF Lanes (Depart at 3:30pm)
<b>4pm-5pm</b>	Night at the Museum	Fruit Salad	Spider Ball	Secret Handshake	Horse Basketball
<b>5pm-6pm</b>	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up

## Session 10: Salute Your Shorts

**August 14-18** (Subject to change) (waiver requirement on Wednesday & Thursday)

**\*\* Additional forms needed in order to participate can be found on page 32-35.**

	Monday (14)	Tuesday (15)	Wednesday (16)	Thursday (17)	Friday (18)
7:30am-9am	Drop Off/Activities	Drop Off/ Travel to Blue Jay Point (Depart at 7:50am)	Drop Off/Activities (Depart at 8:30am)	Drop Off/Activities (Depart at 8:15am)	Drop Off/Activities
9am-10am	Around the World Basketball	Travel to Blue Jay Point	Travel to Raleigh	Travel to The Climbing Place	Jailbreak Dodgeball
10am-11am	Capture the Flag	Blue Jay Point	Defy Gravity	The Climbing Place	Playground
11am-12pm	Soccer	Blue Jay Point	Defy Gravity (Depart at 12:15pm)	The Climbing Place	Jedi Dodgeball
12pm-1pm	Lunch	Lunch	Lunch at Spring Forest Road Park	The Climbing Place	Lunch
1pm-2pm	Arts & Crafts – Rainbow Loom	Blue Jay Point (Depart at 2pm)	Lunch at Spring Forest Road Park (Depart at 1:45pm)	Lunch (Depart at 2pm)	Spider Ball
2pm-3pm	All-Time Quarterback	Travel to Blue Jay Point	Travel to Greenville	Travel to Greenville	Kickball
3pm-4pm	Wiffleball	Travel to Blue Jay Point	Travel to Greenville	Travel to Greenville	Jailbreak Dodgeball
4pm-5pm	Blob Tag	Four Corners	Silent Ball	Steal the Bacon	Band Aid Tag
5pm-6pm	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up	Games/Pick-up

# Field Trip Location Information

Facility	Address	Phone Number	Website
AMF Lanes	700 Red Banks Rd. Greenville, NC	252-355-5510	<a href="http://www.amf.com/eastcarolinalanes">http://www.amf.com/eastcarolinalanes</a>
Aurora Fossil Museum	400 Main St. Aurora, NC	252-322-4238	<a href="http://www.aurorafossilmuseum.com">www.aurorafossilmuseum.com</a>
Blue Jay Point	3200 Pleasant Union Church Rd Raleigh, NC 27614	919-870-4330	<a href="http://www.wakegov.com">http://www.wakegov.com</a>
Community Pool	2113 Myrtle Ave. Greenville, NC 27834	252-329-4563	<a href="http://www.greenvillenc.gov">www.greenvillenc.gov</a>
Defy Gravity	5604 Departure Dr. 100 Raleigh, NC	919-948-6700	<a href="http://www.defygravity.com">www.defygravity.com</a>
Down East Wood Ducks	Kinston, NC		<a href="http://www.milb.com/index.jsp?sid=t485">www.milb.com/index.jsp?sid=t485</a>
ECU	117A Scales Field House Greenville, NC 27858		<a href="http://www.ecupirates.com">www.ecupirates.com</a>
Extreme Action Park	1878 US 17 Business Chocowinity, NC 27817	252-946-6076	<a href="http://www.extremeactionpark.net">www.extremeactionpark.net</a>
Frankie's Fun Park	11190 Fun Park Dr Raleigh, NC 27617	919-433-7888	<a href="http://www.frankiesfunpark.com">www.frankiesfunpark.com</a>
Greenville Fire/Rescue	500 S. Greene St. Greenville, NC 27858	252-329-4390	<a href="http://www.greenvillenc.gov">www.greenvillenc.gov</a>
Hill Ridge Farm	703 Tarboro Rd, Youngsville, NC 27596	919-556-1771	<a href="http://www.hillridgefarms.com">www.hillridgefarms.com</a>
Imperial Center	270 Gay St. Rocky Mount, NC	252-792-1266	<a href="http://imperialcentre.org/">http://imperialcentre.org/</a>
NC Museum of Natural Science	11 W. Jones St. Raleigh, NC	919-707-9800	<a href="http://naturalsciences.org">http://naturalsciences.org</a>
Marbles Kids Museum	201 E. Hargett St. Raleigh, NC	919-834-4040	<a href="http://www.marbleskidsmuseum.org">www.marbleskidsmuseum.org</a>
Museum of Life & Science	433 W. Murray Ave. Durham, NC 27704	919-220-5429	<a href="http://www.ncmls.org">www.ncmls.org</a>
NC Aquarium at Pine Knoll Shores	1 Roosevelt Blvd. Havelock NC	252-247-4003	<a href="http://www.ncaquariums.com">www.ncaquariums.com</a>
Pitt-Greenville Airport	400 Airport Rd Greenville, NC	252-902-2025	<a href="https://www.flypgv.com/">https://www.flypgv.com/</a>
River Park North	1000 Mumford Rd. Greenville, NC	252-329-4560	<a href="http://www.greenvillenc.gov">www.greenvillenc.gov</a>
SkyZone	2101 Westinghouse Blvd Raleigh, NC 27604	919-948-4450	<a href="https://www.skyzone.com/raleigh">https://www.skyzone.com/raleigh</a>
Sports Connection	1701 E. 14th St. Greenville, NC	252-215-9090	<a href="http://www.greenvillenc.gov">www.greenvillenc.gov</a>
The Climbing Place	436 West Russell St Fayetteville, NC 28301	910-486-9638	<a href="http://www.theclimbingplace.com">www.theclimbingplace.com</a>
Tryon Palace	529 S. Front St. New Bern, NC	1-800-767-1560	<a href="http://www.tryonpalace.org">www.tryonpalace.org</a>
West Water Park	1160 Strawberry Branch Dr Kinston, NC 28501	252-520-9378	<a href="http://westwaterpark.net/">http://westwaterpark.net/</a>

Climbing Performance Institute, Inc.

**The Climbing Place**

**PARTICIPANT AGREEMENT, RELEASE, AND ASSUMPTION OF RISK for the year of 2007-2017**

In consideration of the services of Climbing Performance Institute Inc., The Climbing Place, their agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as CPI), I hereby agree to release, indemnify, and discharge CPI, on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I acknowledge that climbing on an artificial climbing wall entails known and unanticipated risks which could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.

- The risks include, among other things: falling off the wall; loose and/or damaged artificial holds; rented equipment failure; falling to the ground, on other users, or being fallen on by other users; abrasions from the walls, ropes, pads, or the floor; equipment failure; belay and/or belayer failure; climbing out of control or beyond ones personal limits; the negligence of the climbers, visitors, participants, or other persons who may be present; musculoskeletal injuries and/or over training; head injuries; or my own negligence.

- Furthermore, CPI employees have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant.s fitness or abilities. They may give inadequate warnings or instruction, and equipment being used might malfunction.

2. I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.

3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless CPI from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of CPI equipment or facilities, including any such Claims which allege negligent acts or omissions of CPI.

4. Should CPI or anyone acting on their behalf, be required to incur attorney.s fees and costs to enforce the agreement, I agree to indemnify and hold them harmless for all such fees and costs.

5. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.

6. In the event that I file a lawsuit against CPI, I agree to do so solely in the state of North Carolina, and I further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

**By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against CPI on the basis of any claim from which I have released them herein. I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.**

Signature of Participant: \_\_\_\_\_ Print Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_ Date: \_\_\_\_\_

**PARENT.S OR GUARDIAN.S ADDITIONAL INDEMNIFICATION**

(Must be completed for participants under the age of 18)

In consideration of (Print Minor.s Name) (Minor.s Age) being permitted by CPI to participate in the activities and to use its equipment and facilities, I further agree to indemnify and hold harmless CPI from any and all Claims which are brought by, or on behalf of Minor, and which are in any way connected with such use or participation by Minor.

Parent/Guardian Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_

Belayer? Yes \_\_\_\_\_ No \_\_\_\_\_ Instructor.s Initials: \_\_\_\_\_

AG	YG	CG	SG	BP	PT	FT	WI	Other
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# The Climbing Place

## SAFETY RULES AND REGULATIONS

1. Everyone must sign a waiver to climb here and sign a new waiver each five year period.
2. Belayers and lead climbers must be certified by The Climbing Place staff.
3. All belayers must be anchored to the floor.
4. BOULDERING:
  - » NO Bouldering over 8 feet if climbing over the cement floor.
  - » Bouldering over regrind only up to 12 feet and must have a spotter.
5. Lead climber must use adequate protection to eliminate ground fall potential.
6. Harness and belayed top rope required to climb above 8 feet.
7. Personal belay device must be approved by The Climbing Place staff.
8. Personal harness must be approved by The Climbing Place staff.
9. Tie in only with a figure-eight follow-through with a safety knot.
10. Before belaying, check to ensure carabiner is locked and not side loaded.
11. Before climbing, check and recheck harness and tie-in knot.
12. No one under the influence of alcohol or drugs allowed on the premises.
13. No climbing directly above or below other climbers.
14. No bare foot climbing.
15. Parental supervision of kids under the age of 14 required unless he/she is a climbing team member.
16. No smoking.
17. KID.S BOULDERING RULES: Adults Need to Spot Child.
18. **NO running.**
  - NO swinging/pulling/climbing on ropes.**
  - NO touching ropes unless tied in and climbing.**
  - NO going between climber and belayer.**
  - NO getting too close to climbers in case they fall.**

Participating Climber.s Signature: \_\_\_\_\_

Parent.s or Guardian.s Signature, if participant is under 18 years: \_\_\_\_\_

**DEFYGRAVITY RALEIGH, LLC, PARTICIPANT AGREEMENT, INDEMNIFICATION, GENERAL RELEASE AND  
ASSUMPTION  
(PLEASE READ THIS DOCUMENT CAREFULLY, BY SIGNING IT, YOU ARE GIVING UP YOUR AND/OR YOUR  
MINOR'S LEGAL RIGHTS)**

In consideration of being allowed to participate in the services and activities, including, but not limited to, trampoline park access, trampoline dodge ball, trampoline basketball, aerial training, fitness classes, trampoline courts, foam pit activities and snack bar access and any other amusement activities (collectively "ACTIVITIES"), provided by DEFYGRAVITY RALEIGH, LLC and its agents, owners, officers, directors, principals, volunteers, participants, clients, customers, invitees, employees, independent contractors, insurers, facility operators, land and/or premises owners, and any and all other persons and entities acting in any capacity on its behalf (collectively "DEFYGRAVITY"), I, on behalf of myself, and/or on behalf of my minor child(ren)/ward(s), hereby agree to forever release, indemnify and discharge DEFYGRAVITY RALEIGH, LLC on behalf of myself, my spouse, legal partner, my children, my parents, my guardians, heirs, assigns, personal representatives and estate, and all other persons and entities who could in any way represent me or act on my behalf as follows:

 **Initial**

(1) **RELEASE OF LIABILITY:** Despite all known and unknown risks, I hereby expressly and voluntarily remise, release, acquit, satisfy and forever discharge DEFYGRAVITY and agree to hold it harmless of and from all, and all manner of action and actions or omission(s), cause and cause of action, suits, debts, dues, sums of money, accounts, reckonings, bonds, bills, specialties covenants, contracts, controversies, agreement, promises, variances, trespasses, damages, judgments, executions, claims and demands whatsoever, in law or in equity, including, but not limited to, any and all claims which allege negligent acts and/or omissions committed by DEFYGRAVITY RALEIGH, LLC, whether the action arises out of any damage, loss, personal injury, or death to me or my child(ren)/ward(s), while participating in or as a result of participating in any of the ACTIVITIES. This Release of Liability, is effective and valid regardless of whether the damage, loss or death is a result of any act or omission on the part of DEFYGRAVITY.

(2) **INDEMNIFICATION:** I hereby agree to indemnify and hold harmless from and against any and all losses, liabilities, claims, obligations, costs, damages and/or expenses whatsoever paid, incurred and/or suffered by DEFYGRAVITY RALEIGH, LLC, including, but not limited to, any and all attorneys' fees, costs, damages and/or judgments DEFYGRAVITY RALEIGH, LLC incurs in the event that I or my minor child(ren)/ward(s) cause any injury, damage and/or harm to DEFYGRAVITY and/or any and all other persons and entities acting in any capacity on behalf of DEFYGRAVITY RALEIGH, LLC.

(3) **ATTORNEYS' FEES:** I promise to indemnify DEFYGRAVITY RALEIGH, LLC for any attorneys' fees and/or costs incurred to enforce this agreement, including all costs associated with any collection efforts. Further, should any debt and/or judgment accrue in favor of DEFYGRAVITY RALEIGH, LLC, pre-judgment and post-judgment interest shall accrue thereon at a rate of 18% per annum.

(4) **PHOTO RELEASE:** By entering DEFYGRAVITY RALEIGH, LLC and participating in the ACTIVITIES, I hereby grant DEFYGRAVITY RALEIGH, LLC on behalf of myself and on behalf of my child(ren)/ward(s), the irrevocable right and permission to photograph and/or record me or my child(ren)/ward(s) in connection with DEFYGRAVITY RALEIGH, LLC and to use the photograph and/or recording for all purposes, including advertising and promotional purposes, in any manner and all media now or hereafter known, in perpetuity throughout the world, without restriction as to alteration. I waive any right to inspect or approve the use of the photograph and/or recording, and acknowledge and agree that the rights granted to this release are without compensation of any kind.



(5) **TERMS OF AGREEMENT:** I understand that this agreement extends forever into the future and will have full force and legal effect each and every time I or my child(ren)/ward(s) visit DEFYGRAVITY RALEIGH, LLC, whether at the current location or any other location or facility.

(6) **VENUE/ARBITRATION:** In the event a lawsuit is filed against DEFYGRAVITY RALEIGH, LLC, I agree to the sole and exclusive venue of the County of Wake, I further agree that the substantive law of North Carolina shall apply without regard to any conflict of law rules. I also agree that if any portion of this agreement is found to be void or unenforceable, the remaining portion shall remain in full force and effect. Any controversy between the parties hereto involving any claim arising out of or relating to a breach of this agreement shall be submitted to and be settled by final and binding

By signing this document, I understand that I may be found by a court of law to have forever waived my and my child(ren)/ward(s) right to maintain any action against DEFYGRAVITY RALEIGH, LLC on the basis of any claim from which I have released DEFYGRAVITY RALEIGH, LLC and any released party herein. I have had a reasonable and sufficient opportunity to read and understand this entire document and consult with legal counsel, or have voluntarily waived my right to do so. I knowingly and voluntarily agree to be bound by all terms and conditions set forth herein.

You must be *the* Parent or Legal Guardian to sign for a child. You **MUST** be 18 or older to sign your own waiver

Adult/Parent Name (Print First & Last)	Adult/Parent Signature	Date of Birth	Date of Jump
Phone:	Email:		

Child Name (Print First & Last)	Date of Birth

**\*REQUIRED INFORMATION**

We reserve the right to review your license and/or other forms of ID to verify identity and age.